Trauma-induced dual vascular lesions in the liver-hepatic pseudoaneurysm with arteriohepatic venous fistula

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DESCRIPTION
A 17-year-old boy presented to the emergency triage with severe abdominal pain following blunt abdominal trauma. The patient was conscious, hypotensive with blood pressure 60/30 mm Hg, pulse rate 110/min and per abdomen examination revealed abdominal distension, tenderness, rigidity and free fluid. FAST (Focused Assessment with Sonography in Trauma) imaging revealed liver lacerations and haemoperitoneum. The patient was initially stabilised with inotropes, intravenous fluids and adequate analgesics and had to be directly taken up for emergency laparotomy as the ideal protocol of performing an emergency CT was forgone due to technical issues with the CT machine. Laparotomy revealed grade V liver injury with active bleeding and haemoperitoneum of about 2 L. Haemostatic agent (AbGel) and multiple intra-abdominal packs were used to stop bleeding, and massive blood transfusion protocol was activated. The patient was transferred to intensive care unit where he improved with conservative treatment. Before removing the intra-abdominal packs by relaparotomy, a contrast CT study was performed. Apart from showing grade V liver injury, the CT showed a large lobulated outpouching arising from a segmental branch of the right hepatic artery and communicating with the middle hepatic vein suggestive of hepatic artery pseudoaneurysm with arteriohepatic venous fistula (figure 1). Following contrast-enhanced CT findings, endovascular embolisation of the vascular lesions using multiple small coils was performed, which led to their complete closure (figure 2). The patient fully improved after 10 days of hospital stay and was discharged.

Hepatic vascular injuries are known to occur commonly after a penetrating injury, and the incidence of these lesions following blunt trauma is unknown. Though hepatic artery pseudoaneurysm is frequently seen due to traumatic, inflammatory or neoplastic causes, the occurrence of arteriohepatic venous fistula is rare with the present case being the third case reported in the context of blunt trauma.1 2

The fistulous vascular communication or shunts within the liver are divided into arteriovenous and venovenous types. Arteriovenous type is further divided into arterioportal and arteriohepatic subtypes. Among the subtypes, the arterioportal fistulae are commonly encountered following trauma, neoplasm or iatrogenic injury. It is common due to the close proximity of the

Figure 1  Sequential post-contrast coronal CT images, maximum intensity projection of arterial phase from anterior to posterior direction (A to D). Shows a large lobulated contrast-filled outpouching (red arrows) arising from the segmental branch of right hepatic artery (yellow arrows) located at the bed of a large hypodense haematoma (blue asterisk) and communicating with the middle hepatic vein (blue arrows) suggestive of hepatic artery pseudoaneurysm with arteriohepatic venous fistula.

Figure 2  Coeliac artery (A and B) and selective right hepatic artery (C) angiograms showing the segmental branch of right hepatic artery (yellow arrows) opening into the pseudoaneurysm (red arrows) and fistulising into the middle hepatic vein (blue arrows) confirming the CT diagnosis. Image D is post-coil embolisation angiogram showing multiple small coils deployed at the neck of the pseudoaneurysm (green arrow) with no opacification of the vascular lesions suggestive of complete occlusion.
hepatic artery to portal vein within the liver. The occurrence of the arteriohepatic venous fistula, on the other hand, is rare as there is larger distance between the hepatic vein and the artery.

Contrast CT abdomen, especially the arterial phase of imaging (CT angiography) plays a vital role in confidently diagnosing the condition. This is due to its multiplanar reformation, maximum intensity projection and 3D volume rendering capabilities, which aid in enhanced visualisation of the lesions. Conventional angiography is useful for both confirming and treating the lesions. Early intervention through endovascular approach reduces the chances of hepatic surgery and number of blood transfusions. The practical strategy for therapeutic management of these lesions was laid by Dessouky et al. Accordingly, they are divided into three groups. Group I includes asymptomatic patients with small shunts of 3–6 mm managed with conservative treatment, group II are symptomatic patients with large shunts of more than 1.5 mm managed with endovascular intervention while group III are patients with diffuse shunts needing surgical treatment. Our case belonged to group II category of lesions and hence was treated by endovascular intervention.

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